

You can make playdough at home

2 cups flour

1 cup salt

1 cup hot water plus

1 tbs. Oil

colouring

Knead ingredients well

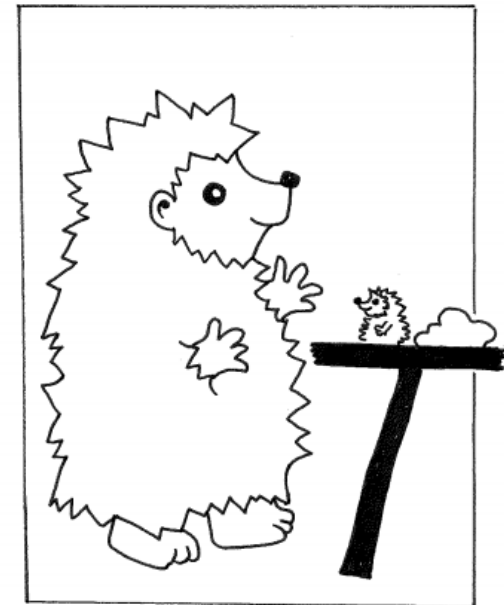
Store in fridge in plastic container

You may add scented oils, eau de cologne, garlic, ginger etc.

To change the texture you may add oats, sawdust, loose tea, lentils, rice, etc.



Malleable Activities



Why do we provide playdough, clay, cornflour, shaving foam, cooked pasta, plasticine, etc. for children to use?

- They are therapeutic and sensory activities.
- Children have the opportunity to learn about the properties of different materials e.g. can they be squeezed/rolled/cut/pressed etc?
- They provide opportunities for imaginative play.
- Children can form and destruct without damaging or hurting and thus work through their emotions.
- For the development of hand muscles.

When children handle new materials, they need to go through an identified process.

- Investigating the material, smelling, touching and looking.
- Exploring and finding out what they can do with it - squeezing, rolling, poking, stretching etc.
- Notice the effect of tools and hands on the material.
- Develop controlled use of hands and tools over time.
- Talk about their experiences